

## Champlain Senior Center June 2009 Schedule

241 North Winooski Avenue, Burlington – 658-3585 – [www.champlainseniorcenter.org](http://www.champlainseniorcenter.org) Hours: Monday – Friday: 9:00 a.m. – 3:00 p.m.

Monday	Tuesday	Wednesday	Thursday	Friday
1 Armchair Aerobics 11:30 – 11:45	2 Creative Writing 10:30 – 11:30 Armchair Aerobics 11:30 – 11:45	3 Book Buddies 10:30 Armchair Aerobics 11:30 – 12	4 Arts & Crafts w/ Ginny 9 – 11:45 Bridge 1-3 Armchair Aerobics 11:30 – 11:45	5 Knitting/Sewing – 10-11:45 Armchair Aerobics 11:30 – 11:45 Bingo 12:30
8 Armchair Aerobics 11:30 – 11:45	9 Advisory Board Meeting 11:00 Armchair Aerobics 11:30 – 11:45	10 Yoga – 8:30 Book Buddies 10:30 Armchair Aerobics 11:30 – 11:45	11 Arts & Crafts w/ Ginny 9 – 11:45 Bridge 1-3 Armchair Aerobics 11:30 – 11:45 Community Dinner 5:00	12 Knitting/Sewing – 10-11:45 Armchair Aerobics 11:30 – 11:45 Bingo 12:30
15 Armchair Aerobics 11:30 – 11:45	16 Creative Writing 10:30 – 11:30 Blood Pressure 11:00 Armchair Aerobics 11:30 – 11:45	17 Closed at Senior Center – going to the Elks - Lunch served at 12:00 noon - Baked Ham Dinner with Fresh Strawberry Shortcake	18 Bridge 1-3 Armchair Aerobics 11:30 – 11:45	19 Armchair Aerobics 11:30 – 11:45 Bingo 12:30
22 Armchair Aerobics 11:30 – 11:45	23 Margaret Schaub – Piano 10:30 Library 11:15 Armchair Aerobics 11:30 – 11:45	24 Yoga – 8:30 Movie Day 10:00 Book Buddies 10:30 Party Day 11-12:30 Armchair Aerobics 11:30 – 11:45	25 Art with Frank Gonzales 10- 11:45 Armchair Aerobics 11:30 Bridge 1-3	26 Armchair Aerobics 11:30 – 11:45 Bingo 12:30
29 Armchair Aerobics 11:30 – 11:45	30 Creative Writing 10:30 – 11:30 Armchair Aerobics 11:30 – 11:45			

Please join us Monday – Friday for Cards, Scrabble, Bingo, Games, Pool Table and Wii Games (Bowling, Tennis, Golf)

**The center serves noon meals every day. Call 658-3585 for reservations.**

**Please get your ticket for Wednesday, June 17<sup>th</sup> for lunch at the Elks.**

**Get your tickets from Marie at the Champlain Senior Center for the Oakledge Picnic on Wednesday, July 8  
July 1<sup>st</sup> Foot Care – 9:00 a.m. call 658-3585**