

**Champlain Valley Agency on Aging**  
**BURLINGTON COMMUNITY SENIOR MEALS**  
**June 2009**



Menu is subject to change depending on availability of supply.

**Attention: We are experimenting with the June Menu and sending less gravy meals, please let us know what you think!!**

Monday	Tuesday	Wednesday	Thursday	Friday
1 Corn Chowder Tuna Salad Lettuce & Cheese Bulky Roll Chocolate Chip Cookie	2 Cold Sliced Ham Mustard Denise's Macaroni Salad Three Bean Salad Whole Wheat Bulky Roll Sherbet	3 Macaroni & Beef Soup Three Bean Salad Corn Muffin Birthday Cake	4 BBQ Riblets Mashed Potato Spring Vegetables Rye Bread Ice Cream	5 Baked Chicken Scalloped Potato Stewed Tomato Whole Wheat Roll Brownie
8 Chicken & Vegetable Soup Egg Salad Cheese & Lettuce Croissant Butterscotch Pudding	9 Chicken & Biscuit Mashed Potatoes Spinach Fruit Bread Pudding with Topping	10 Tomato Topped Meatloaf/No gravy Mashed Potatoes Honey Dill Carrots Fruit Bread Peaches	11 Turkey a la King Mashed Potatoes Summer Vegetables Biscuit Sugar Cookie	12 Meatball Subs Potato Salad Garden Salad Hot Dog Roll Chocolate Pudding
15 Baked Fish with Tartar Sauce Scalloped Potatoes Peas Fruit Bread Pineapple	16 Beef Stroganoff Noodles Harvard Beets Pumpnickel Bread Brownie	17 Spaghetti & Meatballs Garden Salad Italian Bread Oatmeal Cookie	18 Baked Chicken Brown & White Rice Summer Vegetables Fruit Bread Mandarin Oranges	19 Roast Pork Au Jus Applesauce Mashed Potatoes Vegetable Medley Whole Wheat Roll Ambrosia
22 Goulash Tossed Salad Italian Bread Tapioca Pudding	23 Shepherd's Pie Corn/ No Gravy Peas & Carrots Whole Wheat Roll Fresh Fruit	24 Cold Sliced Turkey with Mustard Denise's Macaroni Salad Tomato Lettuce & Cheese Bulky Roll Fruit Filled Cookie	25 Creamy Vegetable Soup Chicken Salad Croissant Lettuce & Cheese Jello Cake	26 Meat Lasagna Garden Salad Italian Bread Rice Pudding
29 Salisbury Steak New Red Potatoes Summer Vegetable Fruit Bread Pears	30 Hot Baked Beans Hot Dogs Mustard Cole Slaw Hot Dog Roll Watermelon			

1% milk is served with all meals.